

JOIN THE ST. MONICA GREEN TEAM FOR A

SAFE BEACH CLEANUP

SATURDAY, APRIL 17TH



Please join the **St. Monica Green Team** on **Saturday, April 17th** for a **Safe Beach Cleanup** in celebration of Earth Day and God's great gift of Creation!

COVID-19 policy

Grab your team and start to clean! The current health order allows for three households—up to 15 people—to gather with the proper precautions. Just keep your mask on! Fill up your [reusable water bottle](#), and follow these instructions on how to do a **safe beach/neighborhood cleanup!**

Why do a cleanup?

The majority of trash that ends up in the environment is [plastic](#), which harms wildlife, natural habitats, and public health. But here's the good news: we can all clean up this trash at any time, any place!

Nearly 80 percent of pollution in our marine environment comes from the land. By removing tons of trash from neighborhoods, parks, beaches, and waterways, you can reduce pollution, protect animals, and boost the regional economy.

Cleanup instructions

Follow these instructions to participate in St. Monica Catholic Community's decentralized beach cleanup. [You can go any time, any place.](#) You can do a cleanup for 15 minutes or an hour—whatever your preference is. Please, always prioritize safety first!

- Be safe! Learn what to do before you go out.

Option 1: Watch this [Cleanup Safety Video](#) from Heal the Bay. *This family-friendly video will help you determine what to do. For example, if you find a sharp needle, don't pick it up! Report it!*

Option 2: Attend our informational Zoom session (date and time TBD; come back soon for more information).

- Help *Heal the Bay* by collecting data on the trash you collect!

Option 1: Use the [Marine Debris Tracker App](#). Download on the app store.

Option 2: Print the [Cleanup Data Card](#). Bring the Data Card with you to your cleanup along with a pencil. Mail it to _____.

- Be prepared! Make sure you have all of these items before leaving the house:

- Bucket or bag to collect trash
- Gardening gloves or disposable gloves
 - at least one for the hand you use to pick up trash
- Phone or cleanup data card and pencil

- Post your cleanup pics and results on social media using the hashtags #stillstmonica and #pickup, and tag us @stmonica90403. We can't wait to see your trashy finds and give you well-deserved kudos for volunteering to protect the outdoor places we all cherish.
 - Questions? st.monicagreenteam@gmail.com
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After the Cleanup

Now that you've done a cleanup, here are some resources to learn more about the pollution we commonly find at cleanups, how to prevent it from winding up there and why it's important.

- Learn about Pope Francis' call to protect our common home in [Laudato Si'](#).
- Dive into the facts about [plastic pollution](#) and go through a historical timeline (UN Environment).
- View ten tips on how to [reduce plastic with your family](#) (National Geographic Kids).
- Be a part of a thriving culture of [reuse and refill in Los Angeles](#) to reduce waste from single-use plastic products and packaging (Reusable LA).