



Embrace GRACE

St Monica Parish Mission 2021

Embrace

Release Regrets

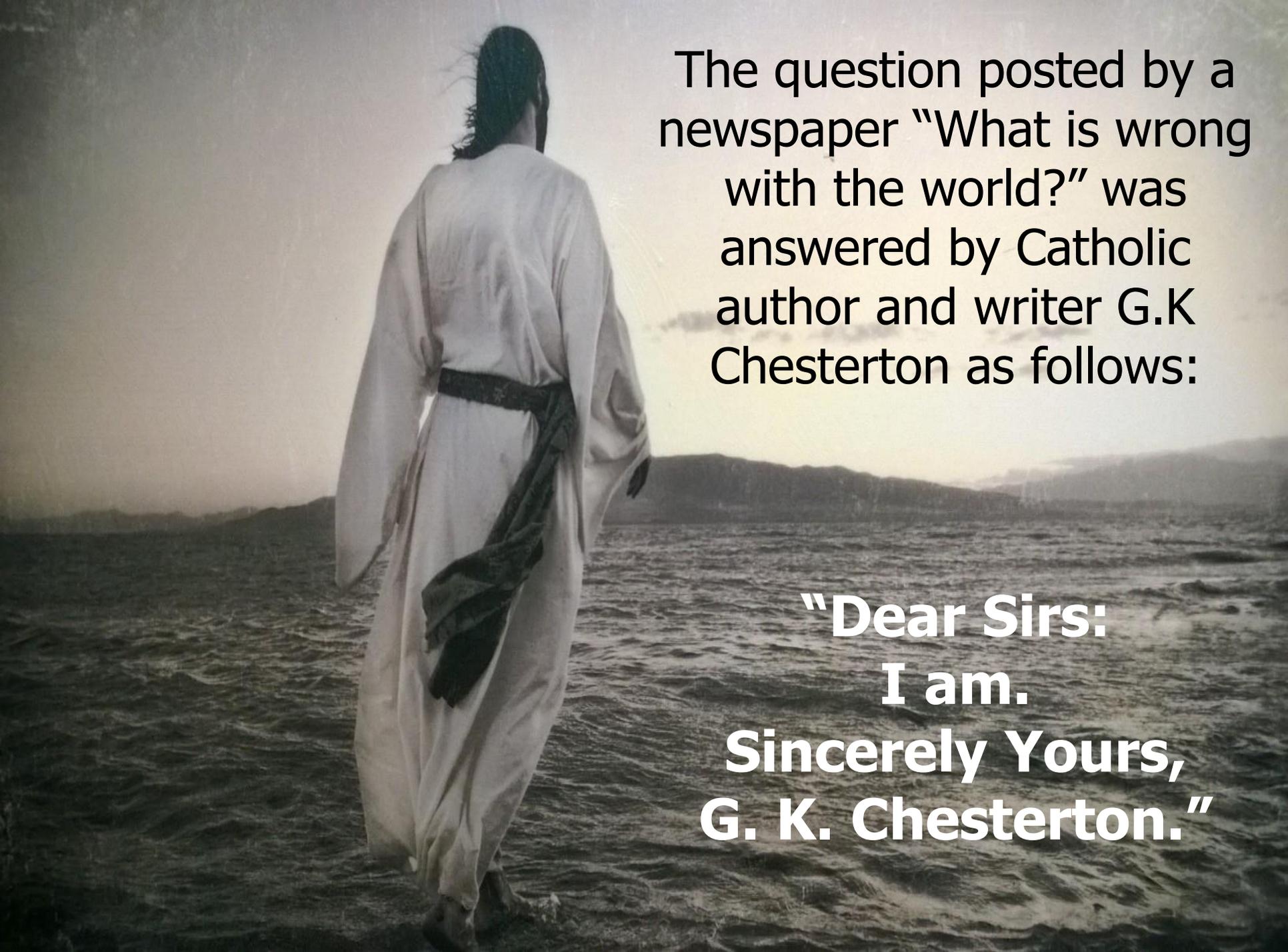


Acceptance



I arise today, through
God's strength to pilot me,
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before
me,
God's ear to hear me,
God's word to speak for
me,
God's hand to guard me,
God's shield to protect me,
God's host to save me.





The question posted by a newspaper “What is wrong with the world?” was answered by Catholic author and writer G.K Chesterton as follows:

**“Dear Sirs:
I am.
Sincerely Yours,
G. K. Chesterton.”**

Dealing with your Junk





Croagh Patrick

Beware Your EGO



“..... do not follow their example.

For they preach but they do not practice.

They tie up heavy burdens hard to carry and lay them on people's shoulders, but they will not lift a finger to move them”

Mt 23:3-4





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A close-up photograph of a person wearing white, heavy, draped robes, kneeling on a sandy surface. The person's right hand is resting on their knee, and their left hand is reaching down to trace a footprint in the sand. The lighting is dramatic, with strong shadows and highlights on the fabric and sand. The overall mood is contemplative and symbolic.

Jesus always calls us by name
The Devil calls us by our shame





“The Thing”





HURTING
PEOPLE,
HURT PEOPLE

Pain that is not transformed is transferred



kintsukuroi

(n.) (v. phr.) "to repair with gold"; the art of repairing pottery with gold or silver lacquer and understanding that the piece is more beautiful for having been broken

Mario Minniti,
The Five Wounds of Christ



I see the church as a field
hospital after battle.

It is useless to ask a seriously
injured person if he has high
cholesterol and about the
level of his blood sugars!

You have to heal his wounds.
Then we can talk about
everything else.

Heal the wounds, heal the
wounds....

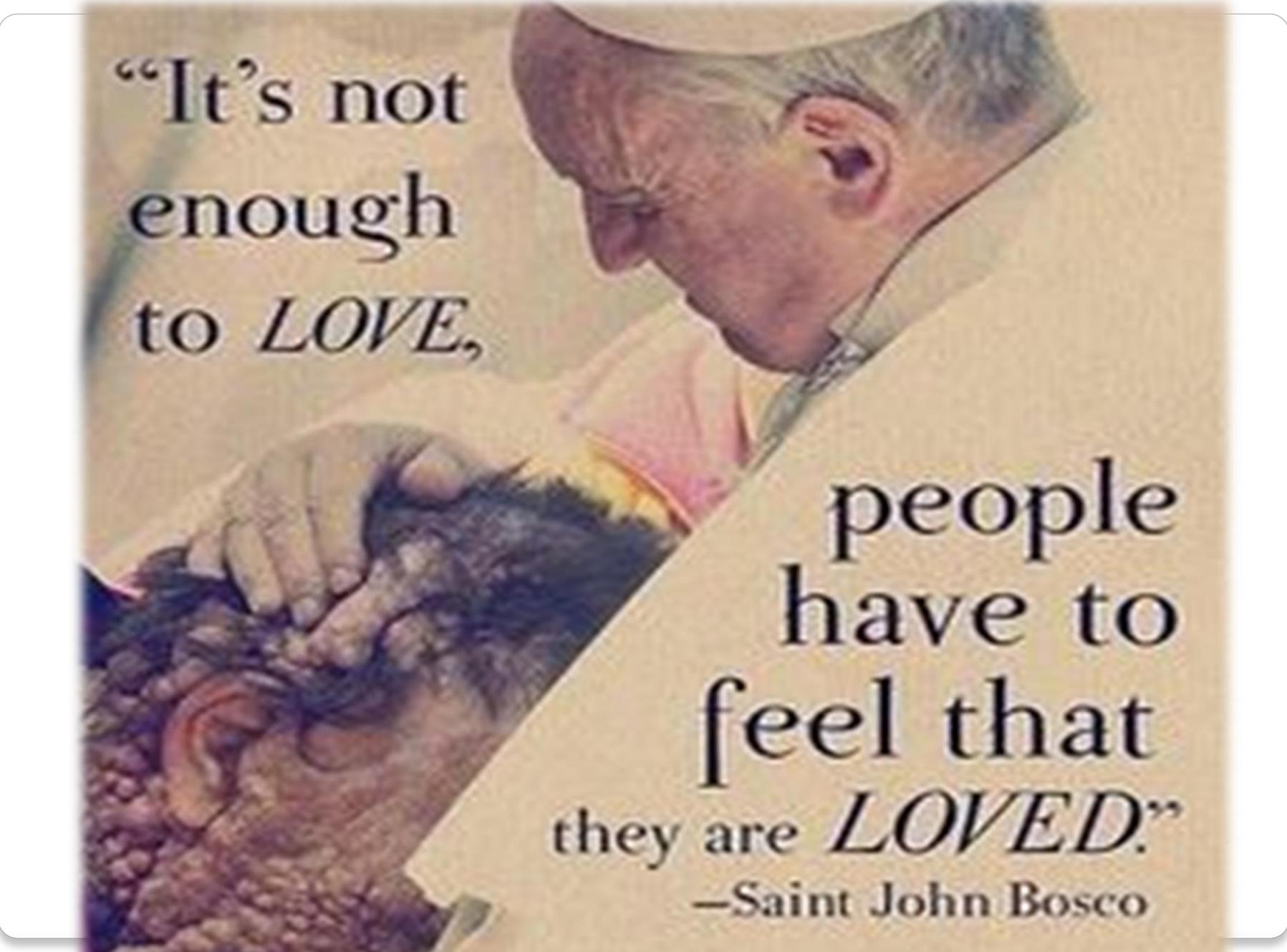




“My grace is
sufficient for you,
for my power is made
perfect in weakness.”

2 Corinthians 12:9

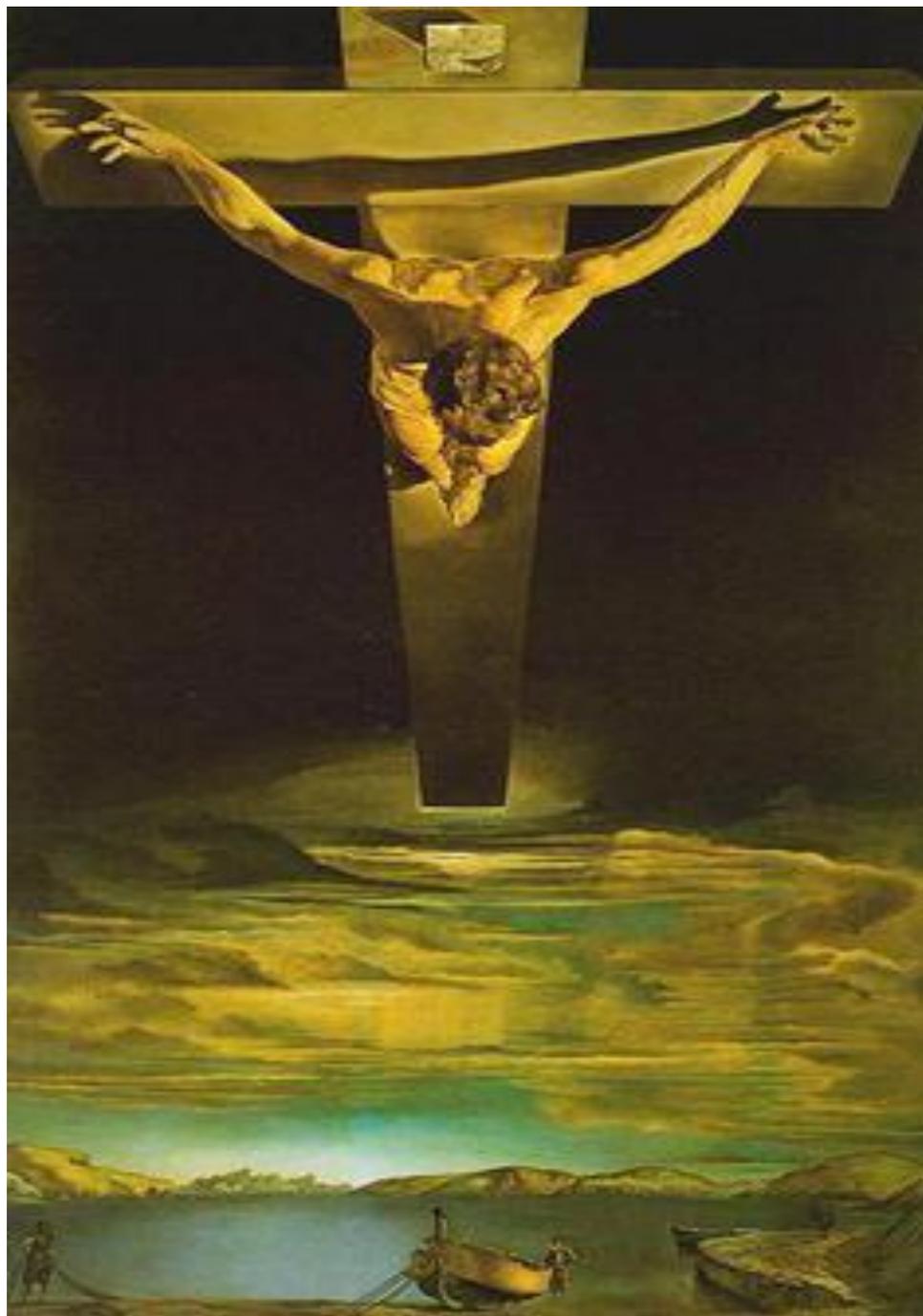
jesuscalls.org



“It’s not
enough
to *LOVE*,

people
have to
feel that
they are *LOVED.*”
—Saint John Bosco





Litany of Trust

From the belief that I have to earn Your love ... **Deliver me, Jesus.**

From the fear that I am unlovable ... **Deliver me, Jesus.**

From the false security that I have what it takes ... **Deliver me, Jesus.**

From the fear that trusting You will leave me more destitute...
Deliver me, Jesus.

From all suspicion of Your words and promises ... **Deliver me, Jesus.**

From the rebellion against childlike dependency on You ... **Deliver me**

From refusals and reluctances in accepting Your will ... **Deliver me, Jesus**

From anxiety about the future ... **Deliver me, Jesus.**

From resentment or excessive preoccupation with the past ... **Deliver me, Jesus.**

From restless self-seeking in the present moment ... **Deliver me, Jesus.**

From disbelief in Your love and presence ... **Deliver me, Jesus.**

From the fear of being asked to give more than I have ... **Deliver me, Jesus.**

From the belief that my life has no meaning or worth ... **Deliver me, Jesus.**

From the fear of what love demands ... **Deliver me, Jesus.**

From discouragement ... **Deliver me, Jesus.**

That You are continually holding me, sustaining me, loving me ... **Jesus, I trust in you.**

That Your love goes deeper than my sins and failings, and transforms me ... **Jesus, I trust in you.**

That not knowing what tomorrow brings is an invitation to lean on You ... **Jesus, I trust in you.**

That You are with me in my suffering ... **Jesus, I trust in you.**

That my suffering, united to Your own, will bear fruit in this life and the next ... **Jesus, I trust in you.**

That You will not leave me orphan, that You are present in Your Church... **Jesus, I trust in you.**

That Your plan is better than anything else ... **Jesus, I trust in you.**

That You always hear me, and in Your goodness always respond to me ... **Jesus, I trust in you.**

That You give me the grace to accept forgiveness and to forgive others ... **Jesus, I trust in you.**

That You give me all the strength I need for what is asked ... **Jesus, I trust in you.**

That my life is a gift ... **Jesus, I trust in you.**

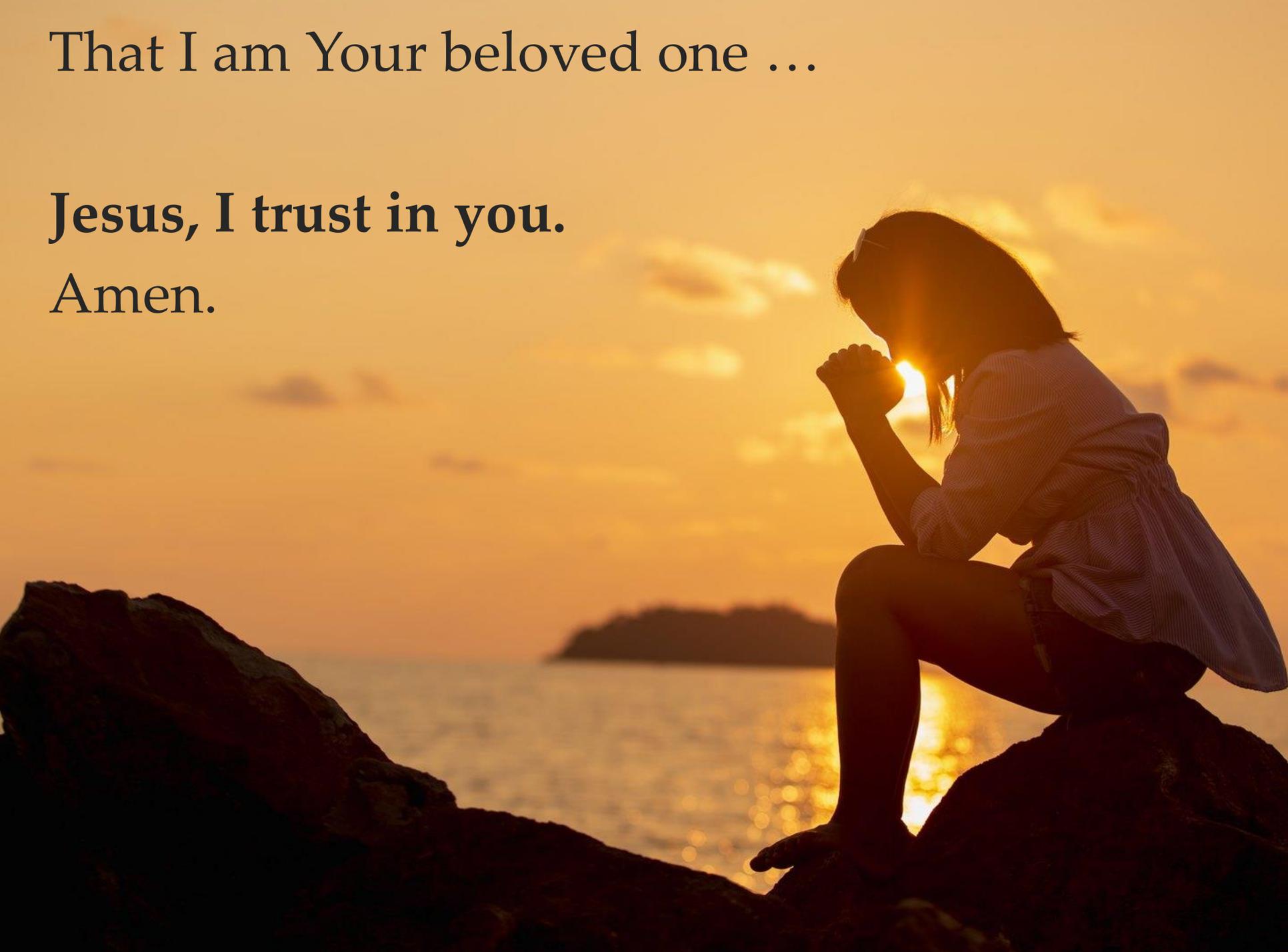
That You will teach me to trust You ... **Jesus, I trust in you.**

That You are my Lord and my God ... **Jesus, I trust in you.**

That I am Your beloved one ...

Jesus, I trust in you.

Amen.





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